

South East Wales Person Centred Planning Network.

Minutes of meeting held on 3 December 2009 at Learning Disability Wales office in Cardiff.

Who was there?

Tracey Drew
Paul Evans
Carol Eveson
Teresa Hancock
Louisa Price
Lynne Morris
Bernard Pearson
Rachel Stinchcombe
Kath Toms
Liz Walker
Julie Fox
Chloe Upright-Davies

Matters arising from previous minutes

The group asked Julie whether they could have a copy of the 'Getting ready for my review'. Julie agreed – see attached.

The next meeting of the All Wales Person Centred Planning Network is 28 January 2010. Learning Disability Wales provided us with the flyers that need to be filled in if we want to go to the meeting.

News, stories and updates from our areas

Newport – Julie Fox

Newport have been using the 'Getting ready for my review' document and have been holding a person centred review pilot in the day centres. They are now hoping to use this approach in Supported Living. They have also managed to link person centred review's onto the computer system that social services use. This means that the person centred information that is gathered is recorded and can be used to support any decisions being made.

Newport have booked more dates for training Managers and Support Staff for early next year and Julie will be co-training with Carol so that she can deliver the training needed in the future.

The day services are changing the paper work they use and are using person centred thinking tools such as Learning Logs and What worked/ Didn't work.

Julie sits on some of the strategic planning groups and has good support from senior managers. Her contract has been extended by a further 3 months.

Newport have an Implementation Group where people who are planning can share ideas and learn from each other. Kath Toms came along to the last meeting and shared her plan and showed her DVD. Julie said that this helped the group to see that Person Centred Planning can change lives.

Paul Evans – Rhondda Cynon Taff (RCT)

Paul has been on the train the trainers course for Person Centred Thinking with Helen Sanderson Associates.

Since the training he has been involved in rolling out the training to all front line staff.

RCT have a Practice Group and a Strategy Group. They are still making progress with the practice group helping to steer the thinking of the Strategy Group. Lots of managers are on board and training is planned for the new year with one course of Person Centred Thinking going on every month next year (apart from holiday season).

Paul asked for any suggestions on how to influence/ involve the Care Management Team in a positive way. The group suggested that we contact Andrew Michael for Neath Port Talbot and see if he could come along to our next meeting to update us on how things are going there.

One page profiles have been rolled out throughout supported living and are working well.

Rachel Stinchcombe – Opportunity Housing Trust (OHT)

OHT have updated the finance policy making them easier to read and understand.

Computers are going to be installed within all of the houses where people supported by OHT live. They are currently looking for the right software.

Catrefi Cymru (I think this is where Louisa and Lynne started to speak but forgive me if these are still OHT's notes – doesn't say on the flip chart!!)

The person centred training has gone down well with good feedback from the Person Centred Thinking course. Dates are pencilled in for the New Year.

2 men who have been supported to plan have moved on.

Technology has helped people supported to get involved in meetings regarding updating policies and procedures.

They have an Empowerment Plan that will be starting next year. This plan includes people supported being involved in delivering training and being involved in all sorts of meetings.

Review meetings are much more person centred and Speech Therapists/ Physios are attending reviews much more and everyone is finding them better.

Choe Upright-Davies – Caerphilly

In the past 7 weeks Chloe has been meeting people to find out what is working/ not working well. There is some good work going on but plenty more to do. Chloe is doing an audit of what is happening and who has plans.

Chloe is based within the Care Management Team and is hoping to influence the way they work. She is also working towards linking Person Centred Planning with the SWIFT system that social services use. Carol suggested she may want to talk to Jackie Mascall at Buckinghamshire CC as they have already done this.

Chloe went along to the Implementation Group in Newport and found it inspiring. She is going to try and replicate the learning from this group in Caerphilly.

She is working with schools who are eager to engage in Person Centred Planning.

We talked about one of the keys to person centred planning working well was that Managers also received training in how to support planning so that

they were on board. We also talked about the need for everyone to see person centredness as part of their role not as an add on.

Tracey Drew/ Kath Toms – Caerphilly People First

Tracey and Kath told us that they are doing a Peer Advocacy project supporting people with complex needs. People with complex needs seem to be stuck in services. The project will look at what is working/ not working for people and where the gaps in services might be. The information will inform strategic planning in Caerphilly and help to take things forward.

Values in Care

They have done breadth training on person centred thinking, approaches and portfolios giving people the tools they need to support planning well. This has been really helpful as Tracey has been able to identify people who would make good facilitators.

Liz Walker – CCN UK

CCN UK are establishing a key worker system so that parents of/ people aged 0-25 have 1 point of contact. Person Centred Planning is at the heart of what they do. Most areas in Wales have funding for this project (mainly those that qualify for objective 1 funding) and they are working with WAG to try and get funding for other areas.

They are doing person centred training with Vicky Jones from Helen Sanderson Associates.

For more information on the project or to find out more about their conference on Transition on 4 March please contact

Liz Walker on 02920 486920 or 07947 910460 or e-mail her at liz.walker@ccnuk.org.uk

Teresa Hancock/ Carol Eveson – reach

Teresa has been involved with an essential lifestyle plan and Individual Service Design with a woman she is supporting in the Vale. This woman would like to move on as she does not get on with her housemate. Teresa is currently supporting her to action plan alongside her Care Manager to figure out where she would like to live in the future.

reach have recently put together a 3 year Person Centred Planning strategy. They will be delivering more Person Centred Thinking and Facilitator training from March next year.

The digital story telling that we did for the conference has really helped people to tell their stories and we would like to use more of this in the future.

The consultancy work **reach** are doing with Gloucester on Person Centred Planning and Individual Service Design is going well. We are working with people who have severe reputations and are in secure units to find out what good support would look like and to help people to move back out into the community.

We talked about Individual Service Design which is a set of person centred thinking tools that can support someone to move on. Carol will attach some details with the minutes and we will put it on the agenda of a future meeting to look at in more detail.

reach are also looking to pilot a simplified outcomes monitoring tool that will be able to inform the organisation about how well staff are supporting people to implement their plans.

We talked about **iplanit** which is a new web based tool that people can upload their plan to so that everyone who is in their circle can see their plan. There is also an option to have some pages blocked if you don't want people to see them! For more information see Paradigm's website.

What do we want to talk about next time?

- We want to invite Andrew Michael from Neath Port Talbot
- Individual Service Design

Dates of future meetings

- Thursday 11 March – hosted by Caerphilly People First at YMCA offices in Gilfach, Bargoed 10-1
- Thursday 10 June – hosted by Liz Waler from CCN UK at Holiday Express Inn, Newport 10-2.30
- Thursday 9 September – hosted by Julie Fox, Newport – venue TBC
- Thursday 2 December – 10-1 – hosted by reach in Wetherspoons, Barry 10-1 followed by xmas lunch if people want to stay on.