

Money Talks!

'Looking at how you get your money and what you do with it to make every penny count.'



Annual Conference
23/24 November 2010

ARC Resources

ARC UK have several useful resources which can be accessed at the [Handling Money and Budgeting](#) part of their website.

- Making Money Easier
- Managing My Money
- Moving on Planning Ahead
- My Money Matters
- Talking About Money

Download the guides at <http://bit.ly/a92Ag1>

Contact: www.arcuk.org.uk Tel 01246 555043

With support from:

The Simon Gibson
Charitable Trust

Britannia



www.2010againstopoverty.eu



Making Sense of Money

Mencap, Citizens Advice Bureau and the Financial Services Authority have produced this excellent training pack, which supports people with a learning disability to teach other people with a learning disability about money matters.

The training pack covers four areas:

- Managing your money
- Dealing with your bills
- Choosing credit
- Managing your bank account

Making Sense of Money can be ordered by contacting: www.mencap.co.uk Tel 0808 808 1111

Make Every Penny Count!

Welcome to our Annual Conference newsletter. Here you can find extra information and resources that we hope you will find helpful.

Over the next two days of our conference we will be exploring all aspects of money - how to get it, how to manage it and how to protect it.

In this newsletter you will find information on

banking, benefits, debt, financial abuse, managing your money, planning for your future and some relevant research.

We have included direct links to the resources as well as the main website and telephone contact for the organisation. To make it easy for you we have used Bit.ly, a free Internet service which shortens lengthy web addresses. All links are safe.

After our conference we will be gathering the most useful information on our website at www.learningdisabilitywales.org.uk/moneytalks.php

This has been made possible thanks to the:



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Useful Contacts

Citizens Advice Bureau
Tel 0844 477 2020
www.citizensadvice.org.uk

DOSH Financial Advocacy
Tel 0300 303 1288
www.dosh.org

Family Fund
Tel 0845 130 4542
www.familyfund.org.uk

Moneyline Cymru
Tel 029 20344460
www.elmline.co.uk

Money Made Clear
Tel 0300 500 5000
www.moneymadeclear.org.uk

Association of Credit Unions
Tel 0161 832 3694
www.abcul.org

The Office of the Public Guardian
Tel 0300 456 0300
www.publicguardian.gov.uk

Court of Protection
Tel 0300 456 4600
www.publicguardian.gov.uk/about/court-of-protection.htm

Banking

The Friendly Resource Company have a DVD, **How to Open a Bank Account**, Information: <http://bit.ly/a2i8tL>
www.friendlyinformation.org.uk
Tel 0303 374129

Foundation for People with Learning Disabilities have published **Banking on Good Decisions**: How can the Mental Capacity Act help you with your bank, building society or post office account? Download: <http://bit.ly/bXTGB6>
www.learningdisabilities.org.uk Tel 020 7803 1101

Enable Scotland and **ARC UK** have a leaflet, **Talking Money – Tips and Information**, aimed at empowering people to access banking services. Download: <http://bit.ly/9FKeE1>
www.enable.org.uk Tel 0141 226 4541

Benefits

Mencap have **A Guide to Benefits** factsheet, Download: <http://bit.ly/cPmkSu> and a **Guide to Money and Benefits** booklet. Download: <http://bit.ly/bSdGCm> www.mencap.co.uk Tel 0808 808 1111

Directgov website has information on benefits, including rates, how to claim, useful links and contacts. Information: <http://bit.ly/dvx5cl> while the **Benefits Helpline** offers Disability Living Allowance and Attendance Allowance advice. Tel 08457 123 456

Debt

National Debtline and **Consumer Credit Counselling Service** both provide free **confidential and independent advice** on dealing with debt. www.nationaldebtline.co.uk Tel 0808 808 4000
www.cccs.co.uk Tel 0800 138 1111

2010 European Year For Combating Poverty and Social Exclusion website will tell you all about this year's initiative from the European Union. www.2010againstopoverty.eu

Financial Abuse

Anne Craft Trust are conducting a two year **Financial abuse of people with learning disabilities project**, the aim of which is to produce an accessible training pack. Information: <http://bit.ly/bb57L6>
www.anncrafttrust.org Tel 0115 9515400

At **Learning Disability Wales**, we have available **Abuse - Tell Someone DVD**, which includes interactive videos covering the different forms of abuse. Information: <http://bit.ly/aQA9dJ>
www.learningdisabilitywales.org.uk Tel 029 20681160

Voice UK is a **national charity** supporting people with learning disabilities and other vulnerable people who have experienced crime or abuse. www.voiceuk.org.uk Tel 0808 802 8686

Managing your Money

The Now Project have **MoneyPlus**, an online training course using videos and interactive sections to help you learn about managing money, using an ATM and keeping money safe. Information: <http://bit.ly/a92ati>
www.nowproject.co.uk Tel 028 9043 6400

Enable Scotland have produced two accessible guides, **Being In Control of Your Money**, Download: <http://bit.ly/ck6DNd> and **Supporting Someone to Manage Money**, Download: <http://bit.ly/bpjAR5>
www.enable.org.uk Tel 0141 226 4541

National Autistic Society have a website called **Managing Your Money**, which uses interactive quizzes and videos to help you learn about all aspects of money management. www.managingmoney.org.uk
www.nas.org.uk Tel 020 7833 22 99

Planning for your Future

Foundation for People with Learning Disabilities have produced **Discretionary Trusts: A Guide for Families**. Discretionary trusts are a way of putting in place financial arrangements to help to support a relative. Download: <http://bit.ly/cuIZEO>
www.learningdisabilities.org.uk Tel 020 7803 1101

Mencap have a factsheet, **People with a learning disability making their own will**, Download: <http://bit.ly/bSR1zj> and offer a **Wills and Trusts service**, which offers help to families, provides booklets on making a will and holds seminars on planning for the future, Information: <http://bit.ly/de77aw>
www.mencap.co.uk Tel 0808 808 1111

Research

ARC UK have produced **Banking Matters to Me**, a report which summarises research into the banking products and services available to people with learning disabilities, whether these met their needs and how bank staff interact with them. Download: <http://bit.ly/cbjh5C>
www.arcuk.org.uk Tel 01246 555043

Norah Fry have produced **A Scoping Review of Financial Issues for People with Learning Disabilities in the UK**, Download full report: <http://bit.ly/93Otfz> or a summary: <http://bit.ly/bfszva>
www.bristol.ac.uk/norahfry 0117 331 0987

Consumer Focus have produced **Society's Most Vulnerable People and Banking Exclusion**, "a study to make sure that the voices of the most marginalised consumers in society are heard in relation to their banking and other financial needs". Download: <http://bit.ly/b5UOWP>
www.consumerfocus.org.uk Tel 020 7799 7900

