



**Learning Disability Wales**  
**Anabledd Dysgu Cymru**

# Facilitating Change using Person Centred Planning

How to involve people in planning and managing changes within their lives.

## Course Aims

This two day course will look at how we can better involve people planning and managing change within their lives. The course will help delegates, in a professional or personal capacity, to help those who are experiencing or about to enter a period of change, this may include

- transition from school to adulthood
- moving home
- a change in the types of service they receive.

Delegates will get the opportunity to explore how Person Centred Planning approaches can be used to fully involve the person concerned in preparing for and managing change. By working in this way delegates will be able make the period of change as smooth as possible and ensure that a sustainable outcome is reached.

## After this course delegates will:

- Have tried some of the person centred thinking tools out for themselves and developed their own first plan
- Be better able to help people with learning disabilities manage and cope with change in their lives
- Have practical knowledge of how people with learning disabilities and their families can benefit from the use of Person Centred Planning approaches through periods of change
- Have a clear understanding of what is needed to make positive transition processes
- Share examples of a Person Centred approach to change.

## Designed for

This course is aimed at staff who have an active and informative role in supporting people with a learning disability through transition and times of change, including education, social care and health staff amongst others. The course is also suitable for family members and carers who are supporting a relative through transition or change.

**Date:** 25 & 26 February 2009  
**Venue:** Wrexham  
**Trainer:** Tracey Drew is a freelance trainer/consultant specialising in Person Centred Planning.

**Date:** 11 & 12 March 2009  
**Venue:** Cardiff  
**Trainer:** Carol Eveson has been working with people with learning disabilities for 16 years and PCP for 6 years.

## Cost

<b>Non Members</b>	£250
<b>Members</b>	£190
<b>Family Carers</b>	£70
<b>People with a learning disability</b>	£70

Learning Disability Wales  
41 Lambourne Crescent  
Cardiff Business Park  
Llanishen  
Cardiff  
CF14 5GG



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# Training Booking Form

*Please use a separate form for each delegate and course.*

## Course Details

Name of course \_\_\_\_\_

Date of course \_\_\_\_\_

## Delegate Details

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Organisation Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Town \_\_\_\_\_

Postcode \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Any dietary / special requirements \_\_\_\_\_  
\_\_\_\_\_

## Payment Details

Course Fee                      £

Please enclose a cheque made payable to **Learning Disability Wales**. Alternatively we can invoice you after the event; a £5 administration charge will apply for each invoice.

Invoice Address \_\_\_\_\_

(If different to above) \_\_\_\_\_  
\_\_\_\_\_

Fees	1 Day courses	2 Day courses
Non Members	£125	£250
Members	£95	£190
Family Carers	£35	£70
People with a learning disability	£35	£70

### Please return this booking form to:

Learning Disability Wales, 41 Lambourne Crescent, Cardiff Business Park, Llanishen, Cardiff. CF14 5GG  
Tel: 029 20681160 | Fax: 02920752149 | Email: [training@learningdisabilitywales.org.uk](mailto:training@learningdisabilitywales.org.uk)

**Photography:** Photographs may be taken during the training and used in future publications and publicity. Please make the trainer aware if you do not agreed to be photographed.

**Cancellation Policy:** Cancellations must be made at least 10 working days before the start of the training. Failure to do so will result in the full training fee being charged.

**Your details:** Learning Disability Wales would like to keep your details on record for future events and training. If you do not wish to receive any further information from us please tick the box