

Booking Form

Name _____ Title: _____
Job title _____
Organisation _____
Address _____
Postcode _____
Phone number _____
Email _____
Dietary / special requirements _____

Fees (Includes VAT)

Member	£130
Non-Member	£150
Parent / Carer / Person with a learning disability	£50

Please return this completed booking form with a cheque made payable to Learning Disability Wales, alternatively you can be invoiced but note there will a £5.00 administration charge per invoice.

I would like to book a place on Communicating Through Touch

- Wrexham 4 November 2009
- Cardiff 2 December 2009
- Haverfordwest 10 February 2010

Signed _____ Date _____

Cancellation Policy: Cancellations must be made at least 10 working days before the start of the event. Failure to do so will result in the full fee being charged.

Your details: Learning Disability Wales would like to keep your details on record for future events and training. If you do not wish to receive any further information from us please tick the box

Please return completed forms to either:

Fax: 029 2075 2149

Post: Learning Disability Wales, 41 Lambourne Crescent, Llanishen, Cardiff. CF14 5GG

Email: training@learningdisabilitywales.org.uk



Learning Disability Wales
Anabledd Dysgu Cymru

Communicating Through Touch



This one day workshop will help those that care for someone with an Autism Spectrum Disorder use touch to help communication, relaxation and the relief of stress and anxiety. This session will provide tools that carers and parents can use in everyday situations.

Wrexham	4 November 2009
Cardiff	2 December 2009
Haverfordwest	10 February 2010

www.learningdisabilitywales.org.uk

Communicating Through Touch

Course Aims

This one day workshop will help those that care for someone with an Autism Spectrum Disorder use touch to help communication, relaxation and the relief of stress and anxiety.

The techniques you will learn during this workshop will help you and the person you care for engage and communicate together, relieve stress and feel more positive.

The techniques explored on this course centre on touch, communication and relaxation and will be useful tools that carers and parents can use in everyday situations.

Course includes

- How to build up trust before touch is introduced
- Intensive interaction
- Specific techniques to engage with someone with ASD using voice, sound and touch
- The effects of music
- Guidelines for appropriate use of touch and holistic massage.

Designed for

Parents and carers of someone who has an Autism Spectrum Disorder.

Trainer:

Charlotte Aubrey

Booking & Fees

Members £ 130

Non members £150

Parents / Carers / People with a learning disability £50

All fees include VAT at 15%.

To book places please complete the booking form overleaf.

