



Wales Alliance for Citizen Directed Support

 by Angela Hughes & Luke Conlon



What does **Citizen Directed Support** mean to you?

Social Care Developments in Wales

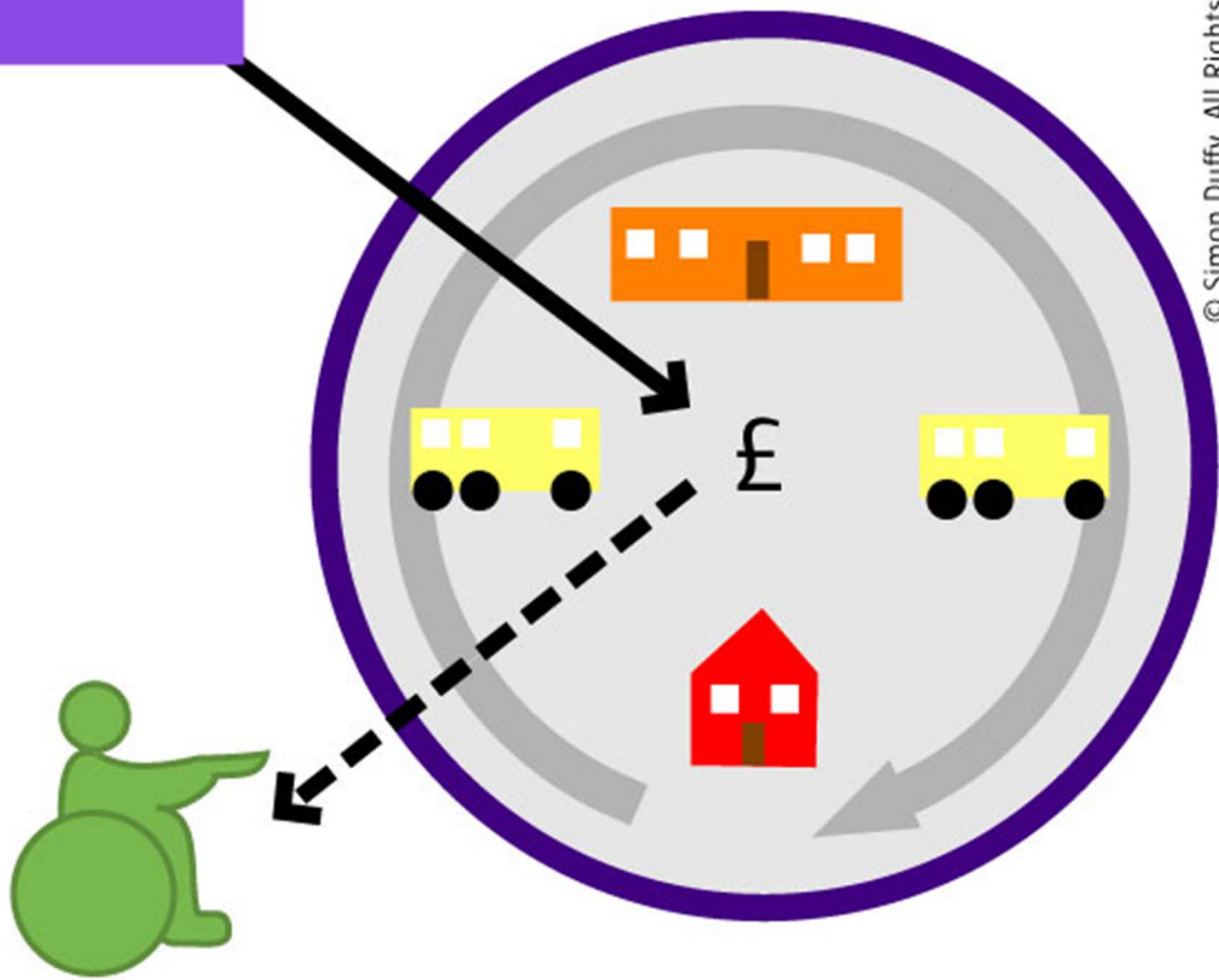
✧ Sustainable Social Services for Wales.

- ✧ We will ensure that service users and carers have a much stronger voice and greater control over the services they use.
- ✧ We will work with all stakeholders, to develop a model of self-directed support

Gwenda Thomas Deputy Minister (National SS Conference June 2009 and also at a Conference for Social Service Directors June 2011):

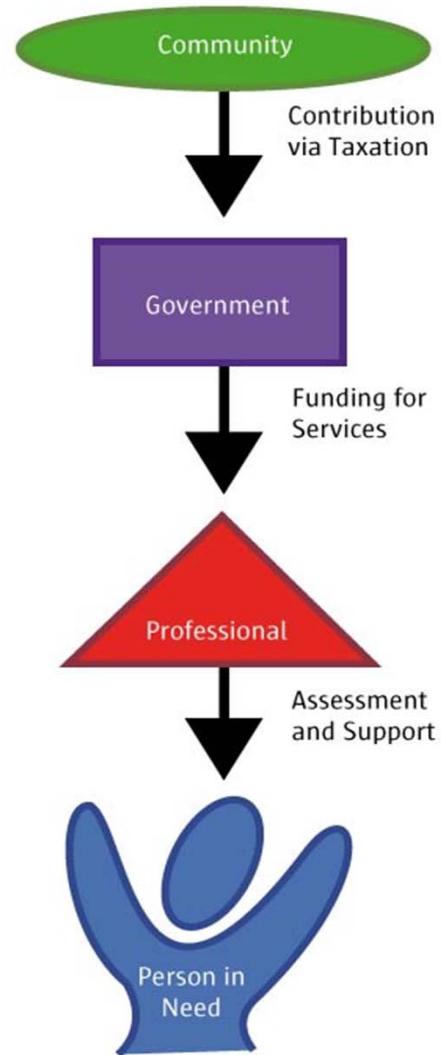
- ✧ Helping to build communities in which people can take ownership, control and responsibility.
- ✧ Not a Supermarket approach in choosing a service.

Government



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How it works now



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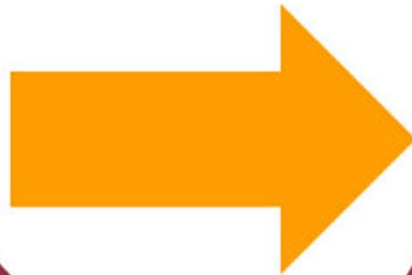
Contribution via Taxation



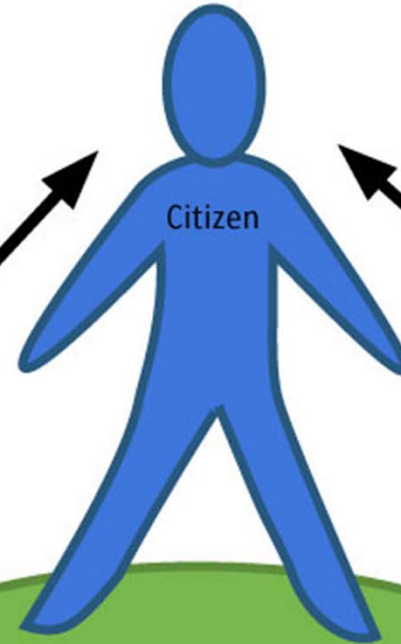
Funding for Services



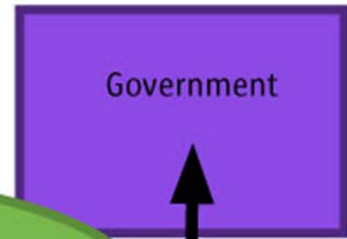
Assessment and Support



Negotiated support

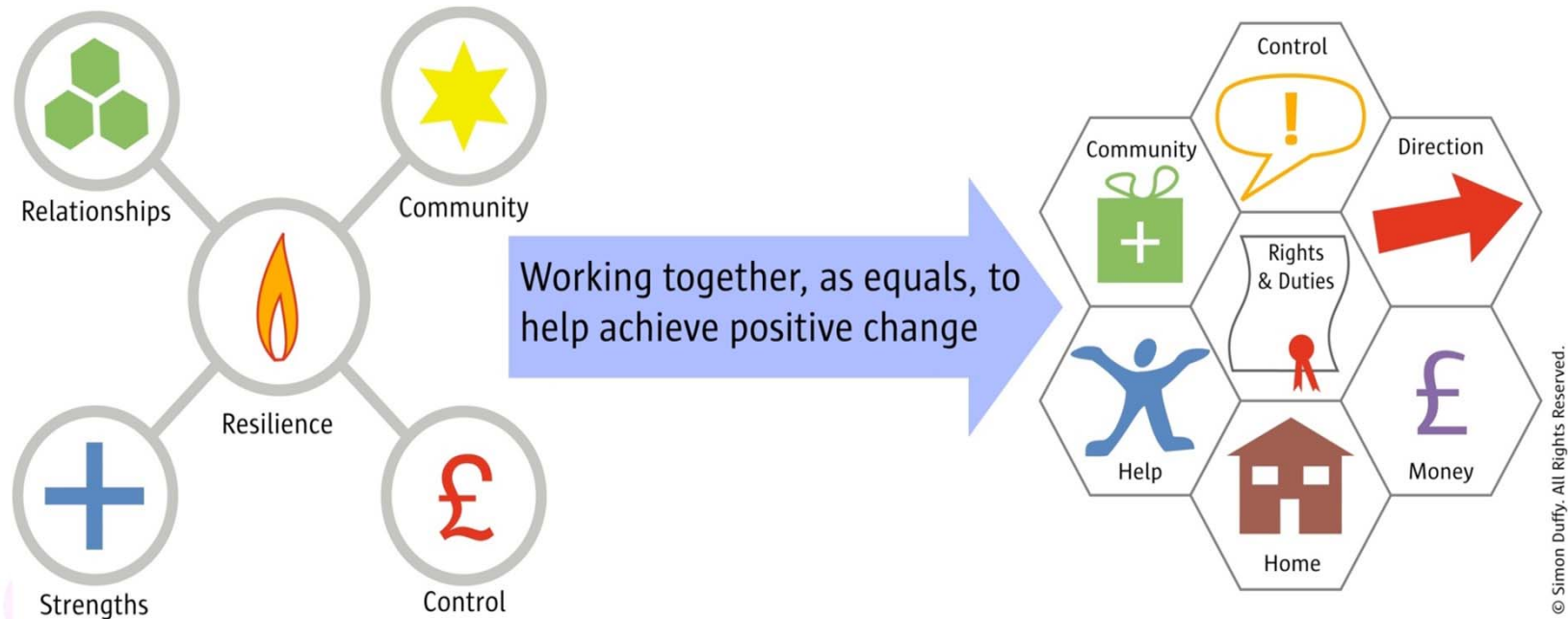


Entitlement to funding

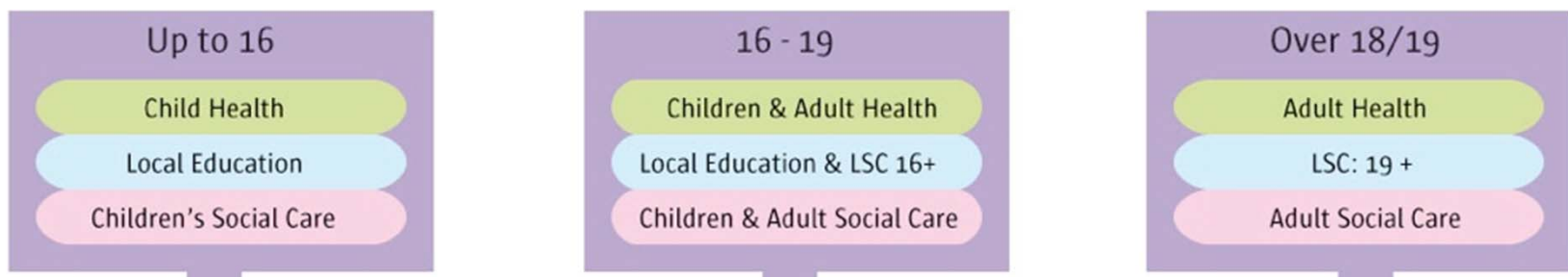


Contribution via taxation

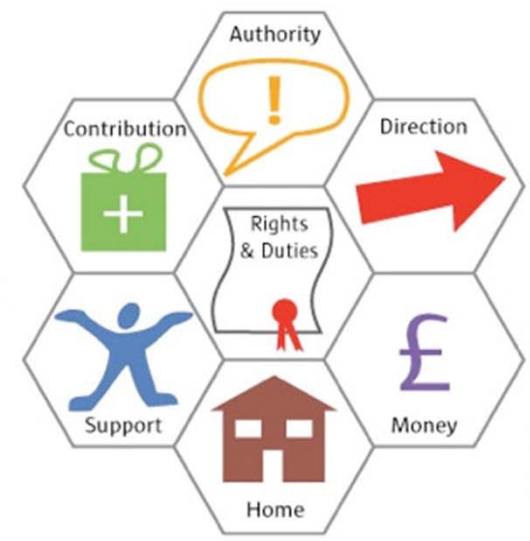
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- A positive focus on the person - their real wealth
- An equal and productive relationship with the professional - coproduction
- A commitment to positive outcomes and citizenship



Integrate



Me & My Family

School

My Life






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Citizen Directed Support

- A collective made up of:

- ✘ Local Authorities
- ✘ Disabled people
- ✘ Support Providers
- ✘ Carers
- ✘ Link in with Welsh Assmblly

What we believe and what we will do

Change 	Choice and Control 	Community 
<p><i>I can work to create a better life for me and those around me. I will work with people and organisations around me so that we:</i></p> <ul style="list-style-type: none">• do away with a "them and us" attitude, and work together, sharing our skills and our challenges;• work to create major changes in the way we support each other and meet our needs;• help one another to have fulfilled lives, making best use of the resources available to us;• help one another to choose support which can be successful over time, and change as needed;• develop ways of supporting one another which will not fall apart because they are too expensive, are unfair, or damage our environment.• be honest and fair in the way we deal with one another;• recognise that what works for some people doesn't work for others. <p><i>We can work together to create a major change in the way we support each other and meet our needs.</i></p>	<p><i>I will have the greatest possible choice and control to direct my own life I will work with people and organisations around me so that we:</i></p> <ul style="list-style-type: none">• have the best opportunities to be independent and have control over the money and resources that are used for support;• know how to get good information and advice;• understand our rights and our responsibilities;• have opportunities to learn and develop;• explore the options for how to lead full lives;• exercise choice and have responsibility over how we live our lives;• ensure that nothing is decided about me without me and understand the effect our decisions have on other people.• recognise that when we make choices, we share responsibilities for the safety of our selves and other people;• take risks that are likely to make our lives better. <p><i>We will work together to have lives that we can all aspire to.</i></p>	<p><i>I have a rightful place in my community and an opportunity to contribute to it.</i></p> <p>I will work with people and organisations around me so that we :</p> <ul style="list-style-type: none">• help one another to understand that communities are what we make together;• help one another to understand the history, culture, and makeup of our communities;• help one another to keep relationships with families, friends, neighbours, and work-mates, and to make new relationships;• help to build communities in which all of us can exercise our responsibilities, and enjoy our rights as citizens;• help one another to discover what contribution we can each make to our communities. <p><i>We will help to build communities in which we all can exercise our responsibilities and enjoy our rights as citizens.</i></p>

Shared Principles

Community

Locality Building
Community
Development

Change

Outcome
commissioning
Collaborative
Working
Action research
orientated

Choice

and Control

Citizen Directed Support
User led services
Individual Service Design
Control over Budgets.

From 'Them and Us'

www.wacds.org.uk

To 'I and We'

11

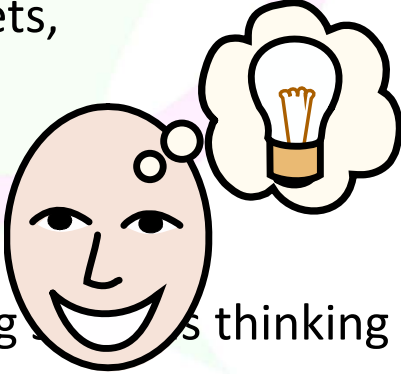
Examples of change

✧ There are a growing range of practice experiments across Wales

✧ Work taking place in 11 local authorities

- ✧ Wrexham/ Denbighshire/Flintshire, individual budgets,
- ✧ Swansea: Co-operation and new ways of working

✧ Provider led practice experiments

- ✧ Reach Cardiff – disaggregation of budgets
- ✧ Community Lives Consortium – personalisation using s thinking
- ✧ Dimensions – citizen led pre-employment course.

✧ Citizen organised experiments

- ✧ Time Together – experiment in action research within a day centre.
- ✧ Community Bread Baking, Preseli- men supporting men

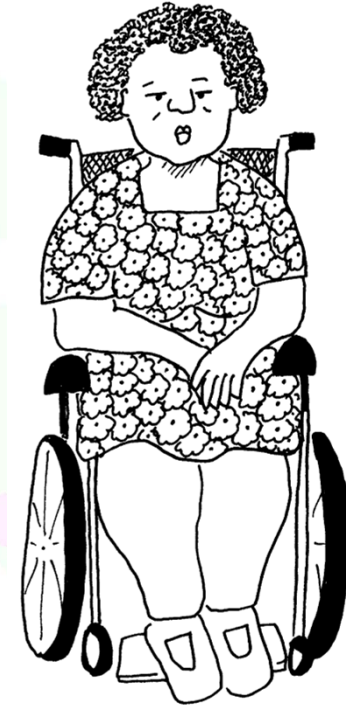
Step 1 – Sign up

✧ On-line sign up

- ✧ Citizens and Individuals
- ✧ Agencies or groups

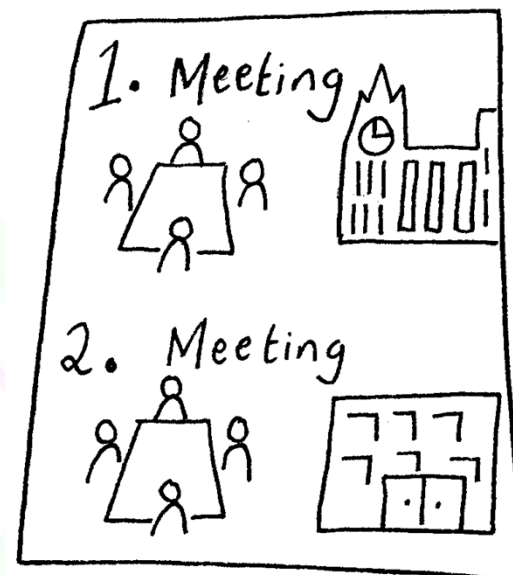
✧ Questions

- ✧ Citizen Directed Support principles?
- ✧ What do you do?
- ✧ What do you want the Alliance to do for you?
- ✧ What can you offer?



Step 2 – Alliance Members meetings

- ✧ Open Spaces for Alliance Members every 2 months.
- ✧ Signed up members are free to attend.
- ✧ People can share common areas of interest and to form partnerships to help CDS to develop.
- ✧ These meetings will be allowed to grow in size as our membership grows.



Step 3 – Working Together

✧ We want the Alliance help people help each other.

✧ Alliance members can make a **‘Support Request’** to all other Alliance members.

✧ Things people can offer or are looking for.

✧ Can be things about running of Alliance, or things to find new ways of setting up supports with Citizens.

✧ Submitted and shared on–line with all members.

✧ Possible annual donation from member agencies create fund to promote innovation and engagement.



The role of the Council

- ✧ 6 groups of 3
- ✧ Citizens who use social care services
- ✧ Carers or Families
- ✧ Other Citizens
- ✧ Third sector
- ✧ Statutory Sector
- ✧ Other Professionals.



Stimulate Oversee Arbitrate Lead

Building a Strong Alliance



Wales Alliance for Citizen Directed Support
Cynghrair Cymru ar gyfer Cymorth
a Gyfarwyddir gan Ddinasyddion

- ✧ Lives of choice and control
- ✧ Stronger supportive communities
- ✧ Services and supports that can deal with the very difficult road ahead.

Diolch yn Fawr

✧ Keep in touch with the alliance

✧ **www.wacds.org.uk**

