



## All Wales Person Centre Planning Meeting

14<sup>th</sup> July 2011 - Rhayader Leisure Centre



- Sarah Beckingham
- Jacquelyn Box
- Sue Brooks
- Gemma Butler
- Luke Conlon
- Samantha Cottle
- Hannah Cox
- Julie Davies
- Laura Davies
- Caroline Dimond
- Chris Dodds
- Tracey Drew
- Samantha Evans
- Carol Eveson
- Julie Fox
- John Gilkes
- Steph Harnett
- Ruth Iles
- Mark John-Williams
- Hilary Jones
- Rob Waite
- Mike Logan
- Andrew Michael
- Peter Morgan
- Lynne Morris
- Joanne Norris
- Kate Noyes
- Simon Rose
- Karin Phillips
- Inacia Rodrigues
- Jen Sinnott
- Denise Trenchard
- Joanne Harper
- Angela Hughes



## Story Telling Slot

We watched a video from Rob Waite. He then told us about how he had worked with REACH on an Individual Service Design and how he now lived where he wanted to and was living more independent and doing the things in life that he wanted to. The services that Rob gets now cost £250,000 less per year than before!



- Joanne Norris from Denbighshire County Council told the group about the new project that's coming up where 3 bungalows and houses will be for 12 people who they have been doing Person Centred Planning with.
- Laura from Neath Port Talbot CBC - Person Centred Planning team told the group about their new project that will go on for 3 years which involves supporting children and teenagers through transition. If anyone would like more information or to receive a newsletter please contact [Laura.davies@learningdisabilitywales.org.uk](mailto:Laura.davies@learningdisabilitywales.org.uk)
- Mark John Williams from Cymryd Rhan spoke about their Time Banking scheme which he ran a workshop on in January. The Time Banking Project has been benefitting from community involvement. He told the group that they have 20 people who have signed up as members and have good partnership with local authorities, health centres, etc.
- Sue Brooks from Circles Network spoke about their parents support group where parents with disability can learn parenting skills and play skills.

- Jacqueline Box from L'Arche Brecon shared the success story of one of their projects - creating new books from old books that did very well.
- Julie Davies and Karin Phillips from Community Lives Consortium spoke about the conference they organised celebrating people's contributions and work using digital media. The event was well attended and Julie thanked everyone involved.
- Sarah from Reach told the group about the success they have had working with Aneurin Bevan Health Board on Person Centred Planning, they have had a really good response.
- Simon Rose told the group that Mencap and Learning Disability have received money from the Welsh Language Board and the money will be used in helping welsh translators to understand how to translate Easy Read information well. If anyone knows of any Welsh Speaking people with learning disabilities, or Speech and Language Therapists who work through the medium of Welsh please contact Simon at Learning Disability Wales on 029 2068 1160

## Morning Workshops

We ran three workshops through the day, people chose which two of these they wanted to go to.



### Person Centred Planning and Care Management

Andrew Michael, Jen Sinnott and Caroline Dimond ran a workshop about how Neath Port Talbot council have been introducing Person Centred Planning into Care Management.



### Supporting Friendships & Relationships

Tracey Drew led a workshop looking at supporting people to make and sustain friendships and relationships.



### What I love about Life

Joanne Norris and Sarah Beckingham ran a workshop on making posters about the little things in life which we really enjoy and would miss if we did not have them.

### Lunch

We all had lunch and a good chat!



### Morning Workshops

After lunch we all did another workshop, these were the same as the ones run in the morning.

### Wales Alliance for Citizen Directed Support



Angela Hughes and Luke Conlon gave a presentation about the Wales Alliance for Citizen Directed Support explaining what it means, what it hopes to achieve and who can get involved. If you would like more information you can visit their website [www.wacds.org.uk](http://www.wacds.org.uk)

### Afternoon Story Telling Slots



Julie Fox shared a story about two ladies who gained independence from PATH and PCP.

## Four + One

Angela Hughes from Helen Sanderson Associates led the group through a Four + One exercise.

### FOUR + ONE QUESTIONS

### How well is the All Wales Network doing?

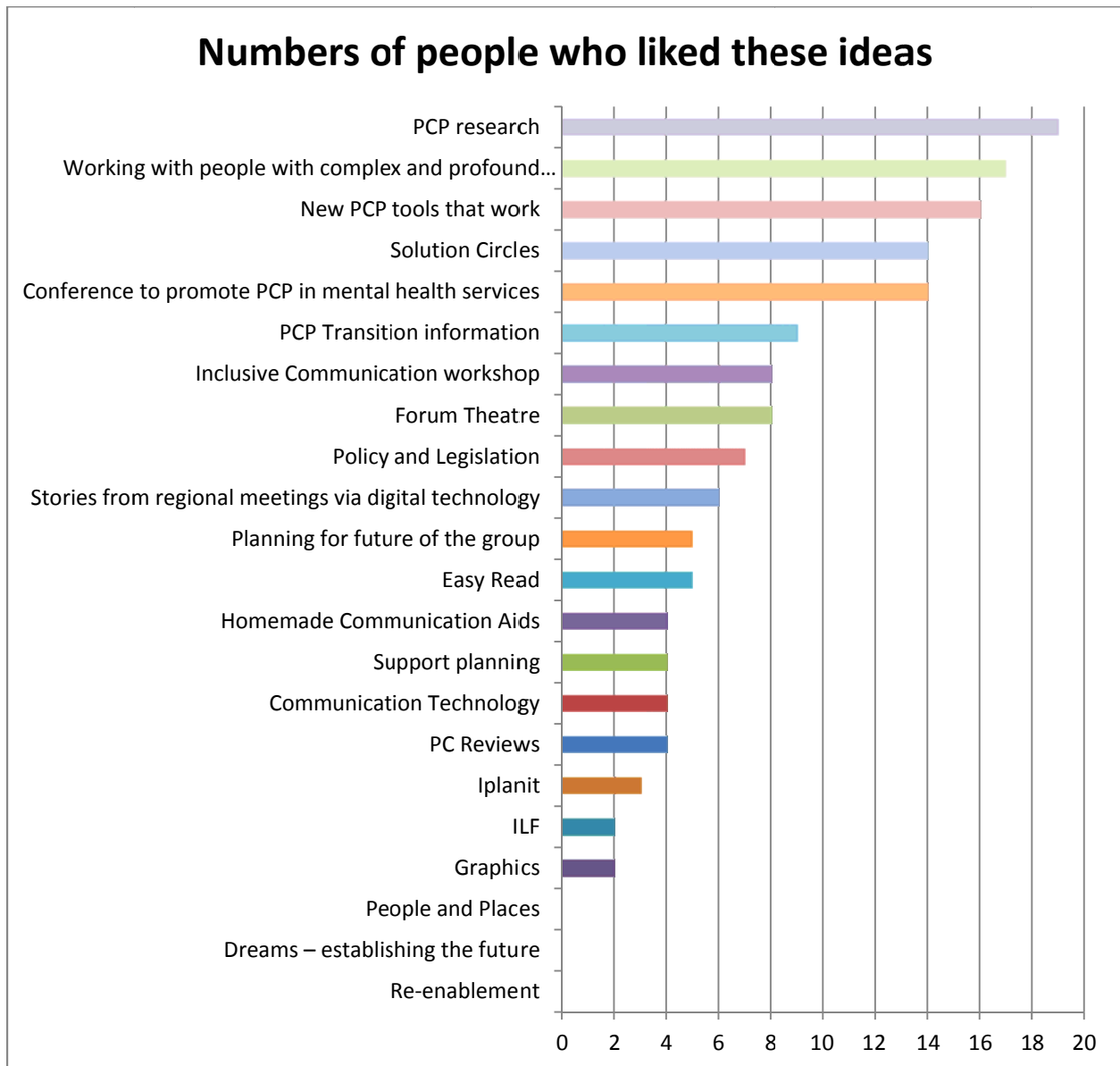
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| <p><b>● TRIED?</b></p> <ul style="list-style-type: none"><li>Information sharing (external of meetings)</li><li>Guest speakers</li><li>Different venues</li><li>Story boards</li><li>Presentations</li><li>Hands on workshops</li><li>Workshops</li><li>Sharing 'real' stories</li><li>Time banking</li><li>Creative portfolios (mugs&amp; cushions)</li><li>Tried to include/involve everyone</li><li>Sharing good practice &amp; ideas</li><li>Inspire &amp; motivate</li></ul>   | <p><b>● LEARNED?</b></p> <ul style="list-style-type: none"><li>Need a good structure</li><li>Mid-Wales venue is best</li><li>2 workshops in 1 room doesn't work!</li><li>There's a lot of people working in this way</li><li>The story slots work (keep it real)</li><li>Graphics</li><li>Difficult to get people we work with there</li><li>Contents is member-led</li><li>We've learned that lot of people are generous with their ideas</li><li>About peoples experiences – good &amp; bad</li><li>What is going on in the Wales Alliance</li><li>The power of involving people</li><li>Sharing works!</li></ul>                  |
| <p><b>● PLEASED ABOUT?</b></p> <ul style="list-style-type: none"><li>Good levels of attendance</li><li>The lunch &amp; plenty of coffee</li><li>Sharing skills &amp; contacts – sharing learning</li><li>Support and cultural change</li><li>Multi-media presentations</li><li>Peoples lives are changing</li><li>The network is still going &amp; growing</li><li>Networking with others</li><li>When it works we get more people</li><li>It's still important</li><li>Practical &amp; supportive</li><li>Learnt a lot of good practice</li><li>Format of meetings</li></ul> | <p><b>● CONCERNED ABOUT?</b></p> <ul style="list-style-type: none"><li>Lack of people we work with present - sometimes cost?</li><li>Covering all service areas</li><li>Representation is patchy</li><li>The future – where are we going?</li><li>Have we got the balance right so that people we support can attend?</li><li>Some regional networks are poorly attended</li><li>Not enough representation of people that are using person centred planning &amp; approaches</li><li>Keep it going – talking to the converted</li><li>Could get repetitive – refreshing workshops, speakers etc</li><li>Not enough stories</li></ul> |

**DO NEXT?**

All our ideas are on another sheet!



Simon from Learning Disability Wales then asked people to think about what we could do in the future. We used ideas from this meeting and previous meetings and then voted using



## Next Meeting

The next meeting will be in January 2012. Simon and Inacia from Learning Disability Wales will contact everyone with a date and a venue.