



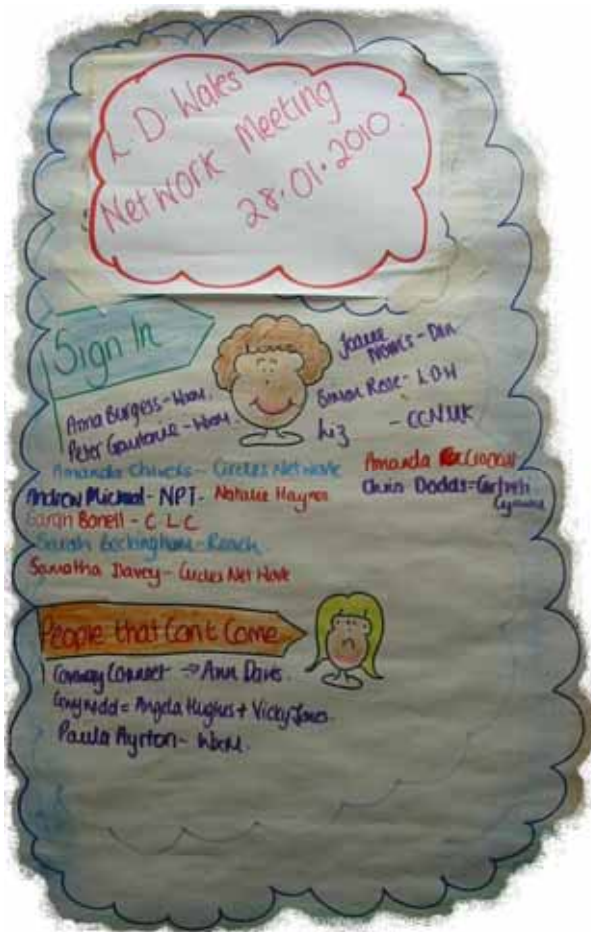
Learning Disability Wales  
Anabledd Dysgu Cymru



## All Wales Person Centre Planning Meeting

28 January 2010 - Rhayader Leisure Centre

Who was there:



Nicola Bateman  
Sarah Beckingham  
Nicola Benney  
Lyndsay Bone  
Sarah Bonell  
Anna Burgess  
Amanda Chivers  
Samantha Crockett  
Samantha Davey  
Ceri Davies  
Judy Davies  
Chris Dodds  
Tracey Drew  
Paul Evans  
Carol Eveson  
Julie Fox  
Peter Guerine  
Frances Hancock  
Natalie Hayes  
Christine Jansen Van Vuuren  
Andrew Michael

Peter Morgan  
Lynne Morris  
Joanne Norris  
Rachel Philbrick  
David Phillips  
Karin Phillips  
Inacia Rodrigues  
Simon Rose  
Peter Russell  
Michelle Ryan  
Jackie Strong  
Richard Saunders  
Manon Thomas  
Katherine Toms  
Dinise Trenchaid  
Liz Walker  
Charlotte Williams  
Eric Wyn Roberts  
Peter Morgan  
Lynne Morris  
Joanne Norris  
Rachel Philbrick

Who could not be there

Paula Ayrton  
Ann Davies  
Kerrie Evans

Steph Harnett  
Angela Hughes  
Celia Lewis

Kevin Sibbons  
Vicky Jones  
Sian Angharad  
Williams

## Morning Story Telling Slot

Kath from Caerphilly shared her digital story with everyone about how she has used Person Centred Planning in her life.

What we said we would do

ACTIONS FROM last meeting	Issue/Action	Was it Done?	Any further actions	WHO	WHEN BY
	Look at how we can change the meeting to make them more person centred steering group	✓	Set up steering group have stories at meeting Change meeting format	L.D. Wales & PCP facilitators from Wales	ongoing
	Person Centred Planning website	✓	Andrew took lead and after LD steering group decision was made to use the LD HED instead of writing a new!		
	Parents with LD Group Conference	✓	Funding is coming to an end need to gain more funds.		
	Letter to minister regarding PCP	ongoing	Simon Rose will facilitate group to finalise letter in the A.W. Network Mitz	Simon Rose & L.D.W. members	28-01-10
	People sharing PCP stories & experiences	ongoing & to be renewed	Group at the A.W. Network will facilitate people to continue to bring in stories. Mitz will facilitate people to continue to bring in stories. Mitz will facilitate people to continue to bring in stories.		28-01-10
	Evaluating PCP. GOOD   BAD	ongoing	Journal News to facilitate group @ the A.W. Network Meeting	Journal News & L.D.W. members	28-01-10

We said we would work to make the All Wales PCP Network meetings more person centred and interactive. The steering group have met and put together an improved meeting this time round.

There are now links to discussion forums on the PCP network pages on LDW website. Simon asked people to sign up if they have not already and to post questions and comments on the forums. You can visit the forum by following this link [«Discussion Forum»](#). If you would like to join the forum follow this link [«Register»](#). If you have any queries contact Simon at LDW [simon.rose@learningdisabilitywales.org.uk](mailto:simon.rose@learningdisabilitywales.org.uk) 029 2068 1160.

Simon at LDW has applied for more funding for the Parents Network.

A draft letter to the Minister has been written, there will be a discussion group on this during today's meeting.

We will also have discussion groups on evaluating PCP and sharing PCP stories at today's meeting.



Andrew from Neath Port Talbot told everyone about a new Person Centred Planning Coordinator and Training as part of the Coastal Project in Swansea, Neath Port Talbot, Carmarthenshire and Pembrokeshire.



Liz from CCNUK (Care Coordination Network United Kingdom) spoke about a Transition Conference they are running. Anyone interested can talk to Liz about it. [Liz.walker@ccnuk.org.uk](mailto:Liz.walker@ccnuk.org.uk)



Simon from Learning Disability Wales told everyone about the network for parents with learning disabilities. If anyone is interested in more information or joining the group talk to Simon [simon.rose@learningdisabilitywales.org.uk](mailto:simon.rose@learningdisabilitywales.org.uk)



Lyndsay Bone from Circles Network told the group about work they are doing to reconnect families and help people plan for families.

## Workshops

We ran two workshops in the morning.



### Basic Graphics

Anna Burgess from Wrexham worked with some people showing them how to use drawings and graphics. Everyone had a chance to try out their drawings!

### One Page Profiles

Joanne Norris from Denbighshire worked with some people on how to make a one page profile. Everyone got a chance to make their own one page profile.



## Lunchtime

We all tucked into a hot lunch of beef stew, cauliflower cheese, potatoes and salad, with a choice of puddings too!

## Afternoon Story Telling Slot



Carol from Reach shared Baraba's and Sue's digital stories with the group, telling how they have used Person Centred Planning.

## Discussion Groups

We all split up into three discussion groups in the afternoon so we could all spend some time talking about something we wanted to get involved in.

- One group looked at what to put in a letter to the WAG minister who may be able to help us promote Person Centred Planning. Some changes were made including asking the Minister to come to the next All Wales PCP meeting to find out more about Person Centred Planning and to tell us what the Welsh Assembly Government is doing about Person Centred Planning.

- One group looked at sharing PCP stories. They decided that it would be good to have a workshop on digital story telling at the next All Wales PCP network meeting in July.
- One group talked about evaluating Person Centred Planning.

## What's working and what's not working

What is NOT WORKING	Ideas to Make things Better	What We are Going to do	Who will do it
<p>Evaluating person centred plans People are finding hard to choose person centred plans planning when the area that they are a way near Wales agreed it to look.</p> <p>eg. How many plans do have you in your area?? <i>a plan is never finished</i></p>	<p>Everyone has changed the way they work so why can't the WAC change the way they do these inspection.</p>	<p>Letter <del>from</del> minister for the letter to minister should include:</p> <ul style="list-style-type: none"> <li>- Evaluation</li> <li>- Planning not thinking</li> <li>- Increase DVD story</li> <li>- how PCP and release amso budgets.</li> </ul>	<p>Simon ROSE or Jim GROW on behalf of L.D. Wales.</p>
<p>People need to add stories on the L.D.W website The more we add the better the the site will be and PCP will be.</p>		<p>Person Centred stories to keep coming in to events &amp; share stories and experiences on the L.D.W website.</p>	<p>All members of L.D. Wales - Contact Simon Rose with any stories &amp; bring to the Network Meetings.</p>
	<p>Idea's for next meeting:</p> <p>Workshop :-</p> <ul style="list-style-type: none"> <li>• Core managers &amp; PCP - <i>Chloe Griffiths</i></li> <li>• Digital Stories - <i>Tracey Evans</i></li> <li>• Spreading the word.</li> <li>• Person Centred planning with Parents. <i>Lindsay Archer</i></li> <li>• Roleplay workshops</li> <li>• 1 page profile</li> <li>• Basic Graphics</li> </ul>	<p>Peter has been asked to share his story &amp; <del>and</del> poem - being friends to go on the L.D. website.</p>	<p>Peter, Anna &amp; Simon to arrange in next 3 months.</p>

Evaluating PCP is very difficult. We decided it may be good if PCP was considered more when evaluating services and would include this in the letter to the Minister.

We want to share more PCP stories. People can send PCP stories to Simon who will see if he can get them put on Learning Disability Wales website, we all decided to share lots of stories at future meetings.



## Ideas for Next Meeting

- Workshop on Care Managers and PCP – Chloe from Caerphilly volunteered.
- Digital story telling workshop – Tracey Drew volunteered.
- PCP with Parents – Lyndsay from Circles network volunteered.
- Regularly include workshops on topics like Basic Graphic and one Page Profile for people who could not attend these workshops this time around.

## Closing Story Telling Slot

Peter from Wrexham told us his life story and then read out a fantastic poem that he has written all about what Person Centred Planning means to him. Everyone thanked Peter and asked if they could share his poem with other people. Anna and Peter said that they were getting his poem copyrighted and that we could share it once the copyright had been arranged.

## Next All Wales PCP Network Meeting



We decided to hold the next network meeting on 8<sup>th</sup> July but unfortunately the venue is not available on that day so Rhayader Leisure Centre has now been booked for **15<sup>th</sup> July 2010**.