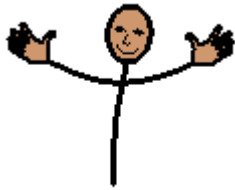


**North Wales Person Centred Planning Regional Meeting
Flintshire
30th June 2010**

Who is here?



Ann Davies – Care Coordination Network UK
Mark John Williams – Cymryd Rhan
Clara Jones – Conwy Connect for Learning
Disabilities
Celia Lewis – North East Wales Self Advocacy
(NEWSA)
Mike Byles – Health service user representative
NEWSA
Dorothy Macphail – Complete Homecare – Bangor
Joanne Norris – PCP Coordinator Denbighshire
Kevin P Sibbons -
Sue Stephens -
Graham Williams – Medico Nursing and Homecare
Roger Wilkinson - Hywel Dda LHB NHS Trust
Simon Ingham – Conwy Connect
Anna Burgess - PCP Coordinator Wrexham
Tony Griffiths – Service user Wrexham

Flintshire's
representatives:

Service users



James Smibert	Shaun Burrows
Carl Jones	Karl Dolman
Richard Williams	Paul Roberts
Shelly Wylie	Lisa Zetterstrom
Gaynor Brooks	Mark Hughes
James Parry	Daniel Horrocks
Ainsley Smith	Jackie Beech
Tom Wakefield	Robert Burgess

Carer representative
and others:



Hazel Wakefield

Cheryl Richards

Mike Farrelly

Jane Burns

Steve Brown

Steve Jones

Delyth Walley

Joan French

Caron Bowler

Peter Cosstick

Who can't come?



Angela Hughes – Gwynedd

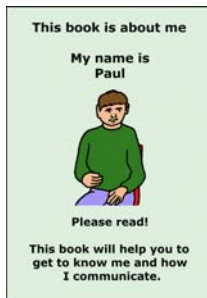
Kerrie Evans – Swn y Wylan

Welcome



Joan welcomed everyone to the meeting in Shotton. It was good to see so many people had come to Flintshire's turn to hold the North Wales person centred approaches meeting.

Flintshire Update

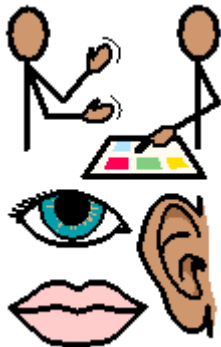


1. Communication Passports

Daniel and Gary shared Daniels communication passport and explained how they had written it. It is important everyone knows how Daniel communicates.

Group work

One person in each group had to communicate in a special way. Everyone else had to find out how the person communicated. Everyone had to find out a secret about them.



It made everyone think about all the different ways people communicate. Some groups found out the

secret but some did not!



2. Citizen Directed Support

Mike supports people to think about and write their citizen directed support plans. He told everyone how he uses Life Wheels.

Life Wheels help people to think about what is important to them and what they want to do differently in their lives.

You can see what has changed if you do your Life Wheel again after a few months.



Tom and his Mum Hazel told everyone how citizen directed support was working for them.

Tom showed everyone his communication passport and his support plan that he has done with his Mum, his brother and sister in law, his friends and Mike.



3. Person Centred Plans

Shaun told everyone what was in his person centred plan. He has done his plan with lots of photos so that he can tell people what is important.

Steve said that Shaun's staff had helped him to do his plan in the evenings and at the weekend. It is important everyone follows Shaun's plan.



4. Quality Network Reviews

Caron told everyone about the Quality Network Review for Estuary Crafts. Quality Network Reviews find out what is good about a service and what could be better.

Estuary Crafts is a day service in Flintshire. During the Review some people said they wanted to try something different.



Jackie said she wanted to try something different and she went to Job Club. She visited different places in Day Opportunities and other businesses to see what happens when you work there. Jackie said she now does some office work as well as craft work.



5. Job Club

Gaynor, Cheryl and Jane told everyone a bit more about Job Club.

The course runs one day a week for 8 weeks. Each week the group learns about the things you need to do when you work. These are things like



- First aid
- Health and Safety
- The rules you have at work

North Wales Updates **Denbighshire**



Joanne said all reviews are now person centred reviews.

Information about what people want is being used to help plan services.



Service users in Denbighshire used person centred tools to hold informal interviews for social workers.

Then the interview panel met the people who had applied for the job. All the information was used to give the right person the job.



Wrexham

Anna said that the SWS team in Wrexham are still doing quality checks of the support people have in their own homes. They use the Reach standards.

Wrexham is using an outcomes star to check person centred plans.

There is training for person centred reviews.



Conway

Cara and Simon gave some feedback from Conwy Connect. They have had referrals for people who have lots of needs. They are looking at different ways of doing things.



One persons planning meeting was done like Countdown because they really like game shows.

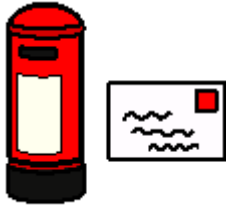
They are doing some transition planning in the

local special school.

Gwynedd

Angela has sent her apologies from Gwynedd.

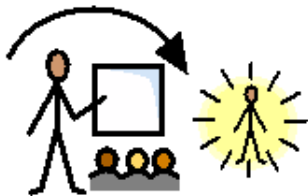
Anglesey



There was no one here from Anglesey. We agreed to write to the Head of Service in Anglesey to ask if some someone can come to our next meeting and for Anglesey to host the December meeting.

Joanne said she had met Barbara who is the Head of Service and will write to her from the group.

Care Coordination Network UK



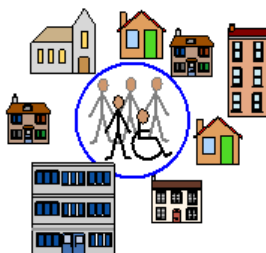
Ann said that she is doing training based on person centred tools for families of people who have complex needs.



Cymryd Rhan

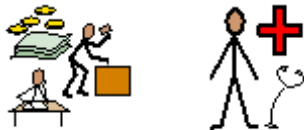
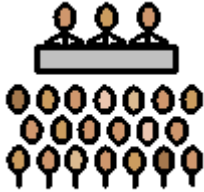
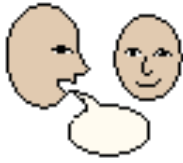
Mark is looking at new systems using interactive IT.

Mark said he had been at the Welsh Alliance of Citizen Directed Support meeting last week. This is for care providers and others interested in Citizen Directed Support



He is interested in Circles of Support and connecting groups in the community. They have been looking at Time Banking and how people can help each other.

Other things we talked about



1. North Wales Learning Disability Forum

The 6 north Wales Local authorities are working together to make services better for people with learning disabilities. This is called the **North Wales Learning Disability Collaborative**. They are starting by looking at residential care.

There was a forum in Rhyl for people with learning disabilities on 15th June. People who live in Flintshire, Wrexham, Denbighshire, Conway, Gwynedd and Anglesey went to the Forum. They said what they thought about their services and what they wanted in the future. They talked about

- Having somewhere to live
- Work and employment
- Health services
- Choice and control
- How they want to be represented

2. National News

Learning Disability Wales have a Person Centred Planning Steering Group. They have written an action plan.

There is lots of information about person centred planning on Learning Disability Wales website.

www.learningdisabilitywales.org.uk



Go to networks and then person centred planning.
There is a forum for people to say what they think.

The next All Wales PCP meeting is on 15th July in
Rhayader

Next meeting

The next North Wales Regional meeting is on 22nd
September at Conwy Cricket Club, Rhos on Sea



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kpsibbons@hotmail.com

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Wakefield)

5th July 2010

Dear Barbara

I have been asked by the North Wales Person Centred Planning group to write to you with regards to the meetings that we have every 3 months.

Denbighshire, Gwynedd, Conwy, Flintshire and Wrexham under the umbrella of Learning Disability Wales take it in turn to host these one day events. (There are similar events held in South Wales). The people who attend are a good mixture of professionals, service users, carers and parents. The County hosting puts on an active workshop of some kind that everyone can take a part in and we exchange information and ideas about what is taking part in each County around the field of Person Centred work. Tea, coffee and a buffet lunch is provided and it is a fantastic opportunity for everyone to get together.

In 2008 we organized a wonderful Story Telling event where a great day was had listening to people's stories with managers, councilors', professionals and service users taking part in various workshops. (My service manager is very keen to have another one).

As a well established and coordinated group we have worked hard to make these meetings active, inclusive and meaningful and North Wales has led the way in helping to transform the All Wales PC group. It is a shame that Anglesey is not an active member of the group and to date we have had no luck in trying to contact anyone to get them involved.

At the last meeting on 30th June it was suggested that I wrote to you on behalf of the group to see if we could get Anglesey involved. Our next meeting is on 22nd September and is being hosted by Conwy Connect at the Colwyn Bay Cricket Club. The group wondered if Anglesey would like to get involved by hosting the December meeting? The group is always willing to help a county to organize their event if they are struggling with ideas or personnel.

I hope you will give some thought to joining us as it seems a shame that we are not truly representative when we are missing one of our counties.

Yours sincerely

Joanne Norris – PCP Coordinator for Denbighshire L/D Team
On behalf of the NW PCP group.
joanne.norris@denbighshire.gov.uk