



Learning Disability Wales
Anabledd Dysgu Cymru



Mid & West Wales Person Centred Planning Network

10 May 2010

Creative Mwldan, Cardigan



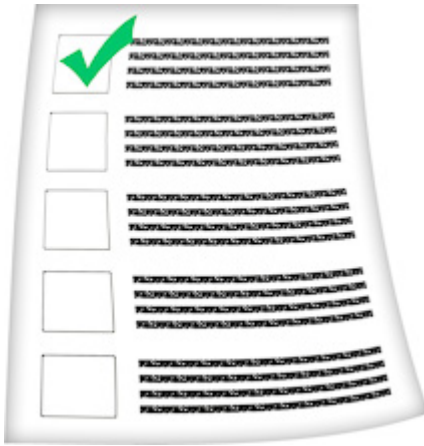
Who was there?

Jane Dodgeon
Pete Russell
Sam Crockett
Andrew Michael
Julie Davies
Mark Williams
Karin Phillips
Richard Davies



Previous Meeting

- Travel training within each Local Authority was noted:
- Ceredigion – do travel training but it must be written up in the care plan.
- Powys – no feedback yet
- Swansea – care plan and built in, currently revising. Looking into mobility vehicles, sharing, community.
- Cardiff – Mark's brother is doing travel training through his day service with a person centred plan.



Things we still need to follow up from last time

- Andrew to develop a short questionnaire.
- Members to contact other networks to develop a story book / DVD. Link in with the Steering Group. Gather positive stories and support from different perspective.
- Forward agenda items.
- More representation from regional networks.
- Community Workshop Group – Charlotte, Sam, Mark, Lyndsay, Pip, Karin – to facilitate a Connecting into the Community workshop.
- All members to find out about Individualised budgets in your areas.



Newsround

- SPICT training staff how to use media technology.
- Supporting People Swansea have their own computers – rules about what is possible / not possible / moral and ethical issues.
- In Control Wales has now become WACDS – Welsh Alliance of Citizen Directed Support is launching on 29 June in Newtown. Gwenda Thomas from the Welsh Assembly will be there.
- Mark shared some examples of how PCP and Circles of Support had worked well. One service user had developed a PATH using the day service he attended. The goals were

within resources and it had been used as a review, The service user got a job at a pub, and a positive outcome was that the landlord is now more welcoming to work opportunities.

- An autistic service user who needed 2-to-1 support going to a health club, was now given a lift to the health club by another club user who is a member of his circle of support.
- Sam from Cymryd Rhan – make information more accessible.
- Julie Davies had recently supported three people into supported housing.
- Pete talked about a community time bank.
- Andrew said his project now had eight team members across mental health, physical disability, some care leavers. Now developing PCP facilitation, transforming social care.
- One page profiles as part of the curriculum.



Actions

- Facebook, Forum and LDW – to liaise with Simon Rose.
- Mark Sam and Charlotte to do a workshop – Sam to coordinate via email.
- To hold a different workshop at each regional meeting.

Promoting the Mid & West Wales and All Wales Networks

This was thrown open to the members and the following suggestions made:

- For the network to have a TERMS OF REFERENCE



- Invite people from the Local Authority
- Get the information from the meetings to the external community – how could we do this
- Facebook group – Andrew to distribute article guidance
- Selling the service with a flyer
- Mapping exercise – target contacts
- Personal contact
- Reaching service providers
- Newsletter – biannual / electronic – everybody to commit to a story
- Electronic information
- Website – liaise with AWF and LDW – see what their website is like
- Link in to the LDW
- All – brief story, A4 size – bring paper copy to next meeting, send electronic copy to Andrew. Can use Word, Powerpoint or Publisher.



Next Meeting

The next meeting will be hosted by Cymryd Rhan at Llandrindod Wells on 13 September.

The meeting after that would be in Swansea.

All Wales meetings are held in January and July.

Agenda Items

Start 10:30 – 15:00

Develop Terms of Reference

An Organisations Journey – Mark.