



Training Programme

October 2009 – March 2010

Learning Disability Wales

Anabledd Dysgu Cymru

Communicating Through Touch

This one day workshop will help those that care for someone with an Autism Spectrum Disorder use touch to help communication, relaxation and the relief of stress and anxiety. This session will provide tools that carers and parents can use in everyday situations.

4 November 2009 – Wrexham

2 December 2009 – Cardiff

10 February 2010 – Haverfordwest

Cost Code A

Making Information Easy to Read and Understand

This one day course will help you understand how to make written and printed information more accessible for people with learning disabilities. Attendees will try out ideas for themselves with the new skills and knowledge they will acquire during the day.

15 October 2009 – Cardiff

9 December 2009 – Wrexham

Cost Code A

Supporting Parents with Learning Disabilities

This one day course is aimed to help all those who work with parents who have learning disabilities understand the issues they face and how best to support them. This course is run in conjunction with Children in Wales.

20 October 2009 – Cardiff

11 November 2009 – Llandudno

Cost Code D

Finding a Place to Live

This course will enable you to help people with learning disabilities with their housing plans and be more informed of the options available to people. The course is suitable for Care Managers, Advocates, key workers and family carers.

24 February 2010 – Cardiff

Cost Code A

Independent Living Trusts

This course aims to give participants the information needed to set up an Independent Living Trust. These trusts enable people with complex support needs to use individualised funding streams to purchase their own community care support and employ their own support staff.

19 November 2009 – Llandrindod Wells

23 February 2010 – Cardiff

Cost Code B

Understanding Children Policy

This one-day course will help participants understand the range of policies affecting children and young people in Wales. It will help you understand how your work fits into local and regional policies, and will help you to influence their development.

28 January 2010 – Cardiff

Cost Code A

Cost Code A Full Day
Cost Code B Half Day
Cost Code C Budget Course
Cost Code D Full Day (Reduced)

Understanding People with Learning Disabilities

This one day course will help you understand what learning disabilities are. The course will examine how services and society can have a negative impact upon the lives of people with learning disabilities. Delegates will gain an understanding of how they can play a role in reducing isolation and increasing community involvement.

2 February 2010 – Cardiff
2 March 2010 – Wrexham

Cost Code A

Introduction to Welsh Politics

This information session will give you an overview of how different levels of government work in Wales, the UK and Europe and how to engage with them.

By understanding how the decision making processes work within local authorities, the National Assembly for Wales, the UK Parliament and Europe you and your organisation will be better equipped to have your voice heard on the issues that are important to you.

19 January 2010 (AM) – Caernarfon
10 March 2010 (AM) – Cardiff

Cost Code C

Understanding Advocacy

Advocacy can help people make clear their own views and wishes and present their views effectively and faithfully. This session will give you an overview of what advocacy is and the role of an advocate. Attendees will gain an understanding of how services can work effectively with someone who has an advocate. The session will look at different types of advocacy including self advocacy and citizen advocacy.

23 March 2010 (AM) – Cardiff

Cost Code B

Providing for a Family Member

This short workshop aims to provide guidance for parents and relatives of disabled people who are concerned about what would happen if they were no longer around to give care and support and how they can make appropriate financial provision for a disabled beneficiary by Will or lifetime gift. The session will give you an overview of the issues you need to bear in mind when planning for the future. Attendees will have an opportunity to discuss what is of concern to them with a solicitor who is specialist in this field of work.

10 November 2009 (AM) – Cardiff
10 February 2010 (AM) – Cardiff

Cost Code C

PATH for individuals, projects & organisations

This course will help you dream about a different future, and create a plan for action. PATH is useful when a person or team is clear about changes they would like to make and there is a group of friends, family, colleagues and others who are committed to make change happen.

26 January 2010 (AM) – Cardiff

Cost Code B

In-house Training

Learning Disability Wales can provide a wide range of training on these and other topics on an in-house basis. In-house training can be tailored to meet your specific requirements and can be very cost effective if you have a number of people who need training.

For more information and full course details please phone, email or visit our website.

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