

## Booking Form

Name \_\_\_\_\_ Title: \_\_\_\_\_  
Job title \_\_\_\_\_  
Organisation \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Postcode \_\_\_\_\_  
Phone number \_\_\_\_\_  
Email \_\_\_\_\_  
Dietary / special requirements \_\_\_\_\_  
\_\_\_\_\_

In which language will you be contributing to the event? Welsh   
English

Will you require translation equipment to understand any contribution made in Welsh? Yes   
No

Which language would you prefer your delegate pack in? Welsh   
English

Fees (VAT included) Please tick

Member £135

Non-Member £156

Person with a learning disability £51

Parent or unpaid carer of disabled person. Or a paid carers supporting someone to attend. £51

Please return this completed booking form with a cheque made payable to Learning Disability Wales, alternatively you can be invoiced but note there will a £5.00 administration charge per invoice.

**I would like to book a place on Communicating Through Touch on 23<sup>rd</sup> November in Cardiff**

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Cancellation Policy:** Cancellations must be made at least 10 working days before the start of the event. Failure to do so will result in the full fee being charged.

**Your details:** Learning Disability Wales would like to keep your details on record for future events and training. If you do not wish to receive any further information from us please tick the box



Learning Disability Wales  
Anabledd Dysgu Cymru

## Communicating Through Touch



This one day workshop will help those that care for someone with an Autism Spectrum Disorder use touch to help communication, relaxation and the relief of stress and anxiety. This session will provide tools that carers and parents can use in everyday situations.

**23<sup>rd</sup> November 2011 Cardiff**

[www.learningdisabilitywales.org.uk](http://www.learningdisabilitywales.org.uk)

# Communicating Through Touch

## Course Aims

This one day workshop will help those that care for someone with an Autism Spectrum Disorder use touch to help communication, relaxation and the relief of stress and anxiety. The techniques you will learn during this workshop will help you and the person you care for engage and communicate together, relieve stress and feel more positive.

The techniques explored on this course centre on touch, communication and relaxation and will be useful tools that carers and parents can use in everyday situations.

## Course includes

- How to build up trust before touch is introduced
- Intensive interaction
- Specific techniques to engage with someone with ASD using voice, sound and touch
- The effects of music
- Guidelines for appropriate use of touch and holistic massage.

## Designed for

Anyone in a support or caring role for someone who has an Autism Spectrum Disorder.

## Booking & Fees

Members £135

Non members £156

Parents / Carers / Person with learning disability £51

## Please return completed forms to:

**Fax:** 029 2075 2149

**Post:** Learning Disability Wales, 41 Lambourne Crescent, Llanishen, Cardiff. CF14 5GG **Email:** [training@learningdisabilitywales.org.uk](mailto:training@learningdisabilitywales.org.uk)

**If you have any questions please do not hesitate to contact us on 029 20681174**

